



Peace Be Upon Islam

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This book deals with morals in Islam, improving self-image by nonattachment to objects, attachment to God, and moral enrichment. There is perfect compatibility between Islam and yoga on the highest level and also resemblance of Islamic prayers and yoga asanas. Enlightenment is the full-body realization and acceptance of the oneness of God (Allah). Religion can only be taught properly by spiritually enlightened masters. Constant remembrance of God enables the seeker to reach the Divine Presence, and hearts become at peace in the remembrance of God, and through its practice, a window of light opens where one can witness the souls of angels realize oneness with God. The book describes contemplative prayer, meditation, and silence that are best practiced in solitude apart from religious organizations, corporate worship, and group activity to find inner peace. In the domain of spiritual life, the efficient energy of the Supreme Principle signifies the celestial energy and allows one to enter into contact with divinity and leads to self-realization, which is the basic qualification for any spiritual teacher that grants him inner peace and bliss. The book reports that the fulfillment of all religions lie in gaining for man all that is necessary for finding the superior spirit, which is within all of us. Universal religion has a distinctive role to play, indicating that all religions are one.

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