A cornucopia of Buddhist meditation for healing and comfort * Includes meditations for healing medical, psychological, and spiritual ailments * Provides guidance on living and dying in the here and now, while dealing with illness, stress and suffering * Offers real-life stories to instruct, inspire, and ground readers in the practice of meditation * The only meditation book to include Zen, Theravada and Tibetan traditions
After a period of emotional and spiritual emptiness, the author, Madeline Ko-I Bastis began practicing meditation. Her physical energy soared, I slept more soundly, and seemed to focus and concentrate more. Sharing her discoveries in Peaceful Dwelling, Madeline Ko-I Bastis offers various meditations for healing all kinds of medical, psychological and spiritual ailments.

- Payment of Duties by Checks : Hearings Before the Committee on Ways and Means, House of Representatives, 60th Congres, 1st Session, on H. C. Res. 15, April 8, 1908
- P Dagogische Hilfen F R Kinder Bei Sexuellem Missbrauch
- P.B. Bear School Day
- Patterns in Java: A Catalog of Enterprise Design Patterns Illustrated with UML v. 3
- Pearl Guide to Maturity : How to Make Your Silver Years Truly Golden