



Pebbles of Gold : Finding Inner Nirvana Amidst the Chaos of Life

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Can you imagine a life where your relationships are easy and fill your bucket instead of drain it? Can you see yourself standing tall with unlimited confidence? Now imagine everyone with whom you come into contact seeing you as poised, wise, calm, centered and at peace even during the worst of circumstances. This brings you great respect. Its almost as if people think you mysteriously know something they do not. And perhaps you do. You can have all of that and so much more. Having peace and fulfillment in your life is not just desirable, it is necessary to fulfill your purpose here. Without it, you may continue to struggle through life on the wrong path. Life wants more from you. You have a purpose here and life is not ready to give up on you. What if you let go of the control and allowed life to come to you instead? By sharing my personal journey of challenges, weaknesses, fears, resentments, anger, and sadness, I hope that everyone who reads this can have the life they deserve. I was able to find the gold nuggets in my struggles and I want to share those gems with you. I want you to have peace in your life as well. Not just peace, but all the glory that comes with it - a truly gratifying life. Acquiring peace and fulfillment doesnt require major life changes or risky moves. You can keep the same job, same spouse, same dog, same house and reap these benefits. But keep in mind, when you implement the simple techniques in this book, life is going to open up to you with tremendous opportunity. We were born with a purpose and when we are open and trusting, life shows us the way, our chosen way. It may have big plans for you. Do you want to find this path of inner nirvana? What are you waiting for? Open your mind and your heart to the idea of living this life. Come with me on this journey.

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